A novel NanoBiT-based assay monitors the interaction between lipoprotein lipase and GPIHBP1 in real time

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Abstract The hydrolysis of triglycerides in triglyceride-rich lipoproteins by LPL is critical for the delivery of triglyceride-derived fatty acids to tissues, including heart, skeletal muscle, and adipose tissues. Physiologically active LPL is normally bound to the endothelial cell protein glycosylphosphatidylinositol-anchored high-density lipoprotein binding protein 1 (GPIHBP1), which transports LPL across endothelial cells, anchors LPL to the vascular wall, and stabilizes LPL activity. Disruption of LPL-GPIHBP1 binding significantly alters triglyceride metabolism and lipid partitioning. In this study, we modified the NanoLuc® Binary Technology split-luciferase system to develop a novel assay that monitors the binding of LPL to GPIHBP1 on endothelial cells in real time. We validated the specificity and sensitivity of the assay using endothelial lipase and a mutant version of LPL and found that this assay reliably and specifically detected the interaction between LPL and GPIHBP1. We then interrogated various endogenous and exogenous inhibitors of LPL-mediated lipolysis for their ability to disrupt the binding of LPL to GPIHBP1. We found that angiopoietin-like (ANGPTL)4 and ANGPTL3-ANGPTL8 complexes disrupted the interaction of LPL and GPIHBP1, whereas the exogenous LPL blockers we tested (tyloxapol, poloxamer-407, and tetrahydrolipstatin) did not. We also found that chylomicrons could dissociate LPL from GPIHBP1 and found evidence that this dissociation was mediated in part by the fatty acids produced by lipolysis. These results demonstrate the ability of this assay to monitor LPL-GPIHBP1 binding and to probe how various agents influence this important complex.—Shetty, S. K., R. L. Walzem, and B. S. J. Davies


Supplementary key words triglyceride • lipolysis • lipoprotein metabolism • chylomicrons • endothelial cell • glycosylphosphatidylinositol-anchored high density lipoprotein binding protein 1 • NanoLuc® Binary Technology

Delivery of triglyceride-derived fatty acids to peripheral tissues such as heart, adipose tissue, and skeletal muscle is facilitated by the action of LPL, an extracellular triglyceride lipase that hydrolyzes the triglycerides of triglyceride-rich lipoproteins (i.e., VLDL and chylomicrons). In the vasculature, physiologically functional LPL is bound to the capillary wall by the endothelial cell protein glycosylphosphatidylinositol-anchored HDL binding protein 1 (GPIHBP1) (1, 2). GPIHBP1 facilitates LPL function by transporting LPL across endothelial cells (3, 4), anchoring LPL to the vascular wall (1, 2), and stabilizing LPL catalytic activity (5, 6). The interaction of LPL with GPIHBP1 is critical for efficient triglyceride clearance, as mutations that abolish LPL binding to GPIHBP1 lead to severe hypertriglyceridemia (7–12).

LPL activity is modulated by multiple endogenous factors including members of the angiopoietin-like (ANGPTL) family of proteins and apolipoproteins Apo-C2 and Apo-C3. Deficiency in ANGPTL3, ANGPTL4, ANGPTL8, or Apo-C3 results in decreased plasma triglyceride levels and, in the case of ANGPTL3, ANGPTL4, and Apo-C3, appears to protect against cardiovascular disease (13–22). Therapies targeting these endogenous inhibitors have gained traction in preclinical studies and clinical trials (13–15, 23–29). Conversely, for experimental studies, agents that block LPL-mediated triglyceride clearance, such as tyloxapol and poloxamer-407 (P-407), are used to analyze VLDL secretion and dietary lipid absorption (30–34).

Despite the common use of LPL blocking agents and the therapeutic importance of endogenous inhibitors, little study has been devoted to how these agents might perturb the functionally relevant LPL-GPIHBP1 complex. We have

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Abbreviations: ANGPTL, angiopoietin-like; EL, endothelial lipase; GPIHBP1, glycosylphosphatidylinositol-anchored HDL binding protein 1; NanoBiT, NanoLuc® Binary Technology; P-407, poloxamer-407; PIPLC, phosphatidylinositol-specific phospholipase C; THL, tetrahydrolipstatin.

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previously described evidence that inactivation of LPL by ANGPTL4 leads to the dissociation of LPL from GPIHBP1 (35). In this study, we describe a novel real-time potentially high-throughput assay for assessing the binding of LPL to GPIHBP1 on the surface of endothelial cells. This assay uses the NanoLuc® Binary Technology (NanoBiT) split-luciferase system (36). In our assay, two parts of the engineered luciferase enzyme nanoluciferase, the largeBiT and the smallBiT, were used to tag LPL and GPIHBP1 respectively. The binding of LPL to GPIHBP1 reconstituted luciferase activity and this activity could be monitored in real time. We used this assay to investigate the effects of common endogenous and exogenous LPL inhibitors on LPL-GPIHBP1 complex integrity.

MATERIALS AND METHODS

Endothelial cell line expressing smallBiT-GPIHBP1

Rat heart microvessel endothelial cells (RHMECs; VEC Technologies) were grown in MCDB-131 base medium (Genedepot) supplemented with 10 mM l-glutamine, 1% PenStrep antibiotic solution (10,000 U/ml penicillin and 10,000 μg/ml streptomycin; Gibco), 5% FBS (Atlanta Biologicals), 1 μg/ml hydrocortisone (Sigma-Aldrich), 10 μg/ml human epidermal growth factor (Gibco, Life Technologies), and 12 μg/ml bovine brain extract (Lonza).

RHMECs expressing smallBiT-tagged mouse GPIHBP1 were generated by transducing cells with lentivirus encoding smallBiT-GPIHBP1. A plasmid construct for expressing smallBiT-tagged mouse GPIHBP1 (pSS2) was generated by first replacing the S-tag of an S-tagged GPIHBP1 construct (pBD151) (3) with the smallBiT tag of the NanoBiT system (Promega) (36) using site-directed mutagenesis. Lentivirus encoding smallBiT-GPIHBP1 was generated by transfecting 293T cells with 4.35 μg pSS2 and lentiviral packaging vectors (Addgene, #12259), pMD2.G (Addgene, #12259), and pMDLg/pRRE (Addgene, #12253) (37). Viral packaging vectors were a gift from Didier Trono. The day after transfection, medium was changed to growth media containing 6 μg/ml human epidermal growth factor (Sigma-Aldrich), 10 μg/ml hydrocortisone (Sigma-Aldrich), 1 μg/ml puromycin (Sigma) and then used as a control for all experiments, and was referred to as control medium.

Production of endothelial lipase-conditioned medium

A construct generating largeBiT-endothelial lipase (EL) was generated by first cloning cDNA encoding human EL (Dharmacon, #MHS6278-202806078) into a pCDNA6-FLAG vector using In-fusion cloning (Clontech) to generate a human EL-FLAG construct (pVS1). Subsequently, the largeBiT was amplified from pEB12 (largeBiT LPL) and cloned into pVS1 using In-fusion cloning to generate FLAG-tagged largeBiT-EL (pA03).

To generate conditioned medium containing FLAG-tagged largeBiT-EL, 293T cells were transiently transfected with pA03. After 24 h, the medium was switched to serum-free Opti-MEM medium (Gibco) containing 1× protease inhibitors (protease inhibitor cocktail; APExBIO) and 0.1 U/ml heparin. After an additional 24 h of incubation, conditioned medium was collected. The presence of EL in conditioned medium was assessed by Western blot using an antibody against the FLAG-tag (1:5,000; Sigma-Aldrich, #F1804) and comparing band intensities to ELISA-quantified FLAG-tagged largeBiT-EL.

Production of ANGPTL-conditioned media

Media conditioned containing ANGPTL4, ANGPTL3, ANGPTL8, or ANGPTL3 and ANGPTL8 were generated as described previously (35, 38). In brief, 293T cells were transiently transfected with constructs expressing V5-tagged human ANGPTL4 (pHS2), streptagged mouse ANGPTL3 (pHS18), or V5-tagged mouse ANGPTL8 (pWL1). Twenty-four hours posttransfection, media were switched to serum-free DMEM medium containing 1× protease inhibitors (TCM protease arrest, G-Biosciences). Forty-eight hours later, conditioned media were collected. The presence of ANGPTL proteins in the conditioned media was assessed by Western blot using a mouse monoclonal antibody against the V5-tag (1:5,000; Thermo Scientific, #PI MA5-15253) for ANGPTL4 and ANGPTL8 and a rabbit polyclonal antibody against the strep tag-H (1:3,000; Abcam, #ab76949) for ANGPTL3. The concentration of ANGPTL4-conditioned medium was determined using a human ANGPTL4 ELISA kit (RAB0017, Sigma-Aldrich). The concentrations of ANGPTL3 and ANGPTL8 were determined by quantitative Western blotting using previously quantified samples as standards (38). Conditioned medium collected from mock-transfected cells was used as a control for all experiments, and was referred to as control medium.

LPL-GPIHBP1 NanoBiT assay

RHMECs expressing smallBiT-GPIHBP1 were grown to confluence in white clear-bottomed fibronectin-coated 96-well plates. To detect LPL binding, cells were washed twice with 1× PBS and then 40 μl 2× NanoLuc Live Cell substrate (17.5 μl 5× substrate in 40 μl total control medium; Promega) were added. The plate was then placed in a multimode plate reader (Molecular Devices, SpectraMax i3) set at 37°C and luminescence was read followed by selection using 3 μg/ml puromycin (Sigma-Aldrich). To generate conditioned medium containing largeBiT-LPL or largeBiT-LPL C445Y, 293T cells stably expressing the respective LPL were grown to confluence and then switched to serum free DMEM medium containing 1× protease inhibitor (APExBio protease inhibitor cocktail or GBiosciences TCM protease arrest). Conditioned medium was collected 48 h later and concentrated ~10-fold using Amicon Ultra-15 centrifugal filter units (EMD Milipore, #UFC901024). The presence of LPL in the conditioned medium was assessed by Western blotting using a mouse antibody against the FLAG-tag (1:5,000; Sigma-Aldrich, #F1804). LPL was quantified using a human LPL ELISA kit (Aviva Systems Biology, OKCD06285) and following the manufacturer’s instructions.

Real-time assessment of LPL-GPIHBP1 binding
every minute for 6 min. LargeBiT-tagged lipase (largeBiT-LPL, largeBiT-LPL (C455Y), or largeBiT-EL) was added to cells at a final concentration of 0–14 ng/ml and luminescence continued to be recorded every minute for an additional 30 min. Lipases were diluted using medium from untransduced cells (control medium) so that equal volumes were added to each well. To normalize across independent experiments, each luminescence recording was divided by the median luminescence of all reads for that particular experiment.

To test LPL binding after phosphatidylinositol-specific phospholipase C (PIPLC) treatment, cells were washed with 1× PBS and then treated with 5 U/ml PIPLC for 30 min at 37°C or water (in 22.5 μl total volume of control medium). Seventeen and one-half microliters of 5× NanoLuc Live Cell substrate were added directly to the treated cells or, in some cases, cells were washed twice with 1× PBS before adding 22.5 μl control medium and 17.5 μl 5× NanoLuc Live Cell substrate. After addition of substrate, luminescence was recorded every minute. After 6 min, largeBiT-tagged LPL was added to a final concentration of 14 ng/ml and luminescence continued to be recorded for an additional 45 min. To normalize across independent experiments, each luminescence recording was divided by the median luminescence of all reads for that particular experiment.

To detect LPL dissociation, endothelial cells were incubated with largeBiT-LPL at 4°C for 3–4 h to allow LPL to bind to GPIHBP1. After washing off the unbound LPL, 62.5 μl 1× NanoLuc Live Cell substrate (12.5 μl substrate diluted in 62.5 μl control medium) were added and luminescence was recorded every 3 min for 15 min. The agents being tested were then added and luminescence was recorded every 3 min for an additional 9–45 min. In this study, the agents used were tetrahydrolipstatin (THL) (APEXBio; 10–80 μM), tyloxapol (Sigma-Aldrich; 0.15–0.6 mg/ml), P-407 (Sigma-Aldrich; 2–8 mg/ml), ANGPTL4 (300 ng/ml), ANGPTL3 (3 μg/ml), ANGPTL8 (30 ng/ml), coexpressed ANGPTL3 and ANGPTL8 (3 μg/ml and 30 ng/ml, respectively), chylomicrons (1–10 μg/ml), sodium oleate (Sigma-Aldrich; 0.375–3 mM), heparin (Hospira; 100 U/ml), and the appropriate vehicles (control medium for ANGPTLs; ethanol for THL; 1× PBS for tyloxapol, P-407, and chylomicrons; water for heparin and sodium oleate). In some cases, after reading luminescence for 9–30 min, cells were washed and fresh substrate (50 μl control medium and 12.5 μl 5× NanoLuc Live Cell substrate) was added to the cells and luminescence was read for another 15 min. To normalize dissociation assays across independent experiments, the luminescence of each sample was normalized as a percentage of the maximum luminescence of that particular sample. Except for Fig. 2C, the control for each experiment was set at 100% at each time point, and the test samples were expressed as a percentage of the control. For experiments testing the combination of THL and chylomicrons, experiments were performed as above, but after washing off unbound LPL, cells were treated with 80 μM THL or vehicle (0.32% ethanol) for 30 min at 37°C, and then washed before adding substrate. Cells were then treated with 80 μM THL or vehicle for 30 min at 37°C.

An endpoint-only version of the dissociation assay was used for Fig. 7D. In this case, after binding largeBiT-LPL to smallBiT-GPIHBP1 expressing RHMVECs as before, 20 μg/ml chylomicrons mixed with 2 or 8 mg/ml tyloxapol were added to cells and incubated at 37°C for 30 min. Cells were washed, luminescent substrate was added, and luminescence was read every minute for 15 min at 37°C. The maximum luminescence of each sample was plotted as a percentage of the untreated LPL control.

**Detection of LPL activity on the cell surface**

To detect LPL activity on the cell surface, RHMVECs expressing smallBiT-GPIHBP1 were incubated with largeBiT-LPL at 4°C for 3–4 h in a 12-well plate. After washing off unbound LPL, cells were treated with THL (80 μM), P-407 (2 or 8 mg/ml), tyloxapol (2 or 8 mg/ml), ANGPTL4 (300 ng/ml), ANGPTL3 (3 μg/ml), ANGPTL8 (30 ng/ml), coexpressed ANGPTL3 (3 μg/ml) and ANGPTL8 (30 ng/ml), or control medium at 37°C for 30 min. After again washing three times with 1× PBS, cells were treated with heparin (100 U/ml in water) for 10 min at 4°C to release surface-bound LPL. Released LPL was collected and immediately assayed for lipase activity. In some cases, after incubation with P-407 or tyloxapol, cells were not washed. Instead, 50% (150 μl) of the detergent medium was removed (from 300 μl total medium volume) and 16.5 μl 1,000 U/ml heparin (100 U/ml final concentration) were added to cells. After incubation for 10 min at 4°C to release surface-bound LPL, LPL was collected and immediately assayed for lipase activity. Lipase activity was assayed using EnzChek lipase fluorescent substrate (Molecular Probes) as described previously (41). Briefly, 50 μl sample was mixed with 25 μl 4× assay buffer [0.6 M NaCl, 80 mM Tris-HCl (pH 8.0), and 6% fatty acid-free BSA]. Twenty-five microliters of substrate solution containing 2.48 μM EnzChek lipase fluorescent substrate and 0.05% 3-(N,N-dimethylaminopropyl)azidine sulfonate zwittergent detergent (Acros Organics) in 1% methanol was then added to each sample. Samples were then incubated at 37°C with fluorescent (485 nm excitation/528 nm emission) read every minute for 30 min with a Synergy Neo multimode plate reader (BioTek). Relative lipase activity was calculated by first subtracting background (calculated by reading fluorescence of a sample with no LPL) and then calculating the slope of the curve between the 10 and 15 min reads.

**LPL cell binding assays**

RHMVECs expressing smallBiT-GPIHBP1 grown on fibronectin-coated 12-well plates were incubated with LPL at 4°C for 3.5 h. Following incubation, unbound LPL was removed by washing extensively with PBS and the cells were incubated with THL (80 μM), P-407 (8 mg/ml), tyloxapol (8 mg/ml), ANGPTL4 (300 ng/ml), ANGPTL3 (3 μg/ml), ANGPTL8 (30 ng/ml), coexpressed ANGPTL3 (3 μg/ml) and ANGPTL8 (30 ng/ml), heparin (100 U/ml), or control medium at 37°C for 30 min. Cells were then lysed with radioimmunoprecipitation assay buffer (1% NP-40 substitute, 0.5% sodium deoxycholate, and 0.1% SDS in PBS), clarified by centrifugation, and subjected to Western blotting.

**Western blot**

Equal volumes of cell lysates or conditioned media were size fractionated on 12% SDS-PAGE gels and then electrophoretically transferred to a nitrocellulose membrane (Bio-Rad). Membranes were blocked with casein buffer (1% casein; Fisher Science Education) at room temperature for 1 h. Primary antibodies were diluted in casein buffer + 0.2% Tween, and incubations with primary antibody were carried out overnight at 4°C. Primary antibody dilutions were 1:5,000 for a mouse monoclonal antibody against FLAG-tag (F1804; Sigma-Aldrich), 1:2,000 for a rat monoclonal antibody against GPIHBP1 [11A12 (42); a kind gift from Loren Fong], and 1:1,000 for a goat antibody against actin (SC-1615; Santa Cruz). After washing with PBS + 0.1% Tween (PBS-T), membranes were incubated with Dylight680- or Dylight800-labeled secondary antibodies (Thermo Scientific) diluted 1:5,000 in casein buffer + 0.2% Tween. After washing with PBS-T, antibody binding was detected using an Odyssey Clx infrared scanner (LI-COR).

**Mice**

All animal procedures conformed to the Public Health Service Policy on Humane Care and Use of Laboratory Animals and were carried out according to guidelines approved by the Institutional Animal Care and Use Committee at the University of Iowa. Mice
were group housed (up to five per cage) in a controlled environment with a 12/12 h light/dark cycle, with food and water provided ad libitum. Mice were fed a normal chow diet (Envigo, 7913). Gpihbp1<sup>−/−</sup> mice were originally obtained from the Mutant Mouse Resource and Research Center (https://www.mmrrc.org/; strain name: B6;129S5-Gpihbp1<sup>Ins3L</sup>/Mmucd) (43, 44) and were maintained by breeding on a mixed C57Bl/6j-129S5 background.

**Preparation of chylomicrons**

Chylomicrons were prepared as described previously (45). Gpihbp1<sup>−/−</sup> mice were anesthetized and blood was collected by cardiac puncture. Blood was diluted 1:10 with 0.5 M EDTA (pH 8.0) and centrifuged 1,500 g for 15 min at 4°C to pellet blood cells. The plasma was then transferred to ultracentrifuge tubes and mixed 1:1 with sterile PBS. After centrifugation at 424,000 g for 2 h at 10°C, the chylomicrons form an upper layer. The chylomicron layer was resuspended in sterile PBS and the centrifugation was repeated. Following the second centrifugation, the resulting chylomicron layer was resuspended in a volume of sterile PBS equal to that of the original plasma sample. The concentration of protein present in the chylomicron preparation was assayed using the Bio-Rad DC protein assay.

Fluorescently labeled chylomicrons for immunofluorescence were prepared using the Alexa Fluor® 488 protein labeling kit (Thermo Fisher Scientific). Chylomicrons were diluted to 2 mg/ml (protein concentration) using 100 mM bicarbonate (pH 8.3) and incubated with fluorescent dye Alexa Fluor® 488 for 1 h at room temperature with constant rotation. Labeled chylomicrons were separated from unincorporated dye using Econo-Pac 10DG columns (Bio-Rad).

**Analysis of chylomicron particles**

Chylomicron diameters were measured by dynamic laser light-scattering analysis by using an ultrafine particle analyzer with a laser probe tip (UPA-250; Microtrac, Clearwater, FL) and appropriate software (Microtrac, Honeywell, Washington, PA). Sample characteristics were set to irregular transparent particles with a refractive index of 1.46 and density of <0.98 g/ml. Each measurement set comprised three 40 s measurements. The laser probe was gently placed into the top 5 mm of the prepared sample to prevent air bubbles at the probe-liquid interface. After the initial reading, tyloxapol was added to a subset of chylomicrons to a final concentration of 8 mg/ml, mixed by inversion, and incubated at 37°C for 30 min. In parallel, untreated chylomicrons were stored at 4°C for 30 min. The results of primary data collection can be expressed as a distribution of particle number, particle area, or particle volume; particle area distribution is reported here albeit results from other distributions produced similar conclusions. Raw particle diameter distributions were converted to population percentiles to facilitate comparisons.

**Immunofluorescence**

RHMVECs expressing smallBiT-GPIHBP1 were grown on fiberglass-coated glass coverslips. Cells were incubated with control medium or LPL for 3 h at 4°C. Cells were then washed three times with PBS to remove unbound LPL. For THL experiments, cells were then incubated with THL (80 μM) or vehicle (0.32% ethanol) for 30 min at 37°C. Cells were then washed three times with PBS to remove unbound THL and incubated with fluorescently labeled chylomicrons (20 μg/ml) or PBS for 30 min at 37°C. For tyloxapol experiments, after removing unbound LPL, cells were incubated with either PBS or fluorescently labeled chylomicrons (20 μg/ml) for 30 min at 37°C. After washing three times with PBS to remove unbound chylomicrons, cells were incubated with 8 mg/ml tyloxapol (or PBS) for 30 min at 37°C. For all experiments, cells were washed and then fixed with cold 100% methanol for 5 min. After washing twice with PBS, cells were blocked with 0.2% BSA and 10% FBS in PBS for 1 h at room temperature and then incubated with a monoclonal anti-FLAG antibody (F1804; Sigma-Aldrich) diluted 1:1,000 in blocking buffer containing 0.2% Triton X-100 overnight at 4°C. Following another set of PBS washes, cells were incubated with AlexaFluor-555 donkey anti-mouse IgG (Life Technologies) diluted 1:1,000 in blocking buffer containing 0.2% Triton X-100. Coverslips were then mounted on glass slides with ProLong Gold antifade reagent with DAPI (Molecular Probes).

**RESULTS**

**Real-time detection of LPL-GPIHBP1 binding**

GPIHBP1 binds LPL, anchoring LPL to the surface of vascular endothelial cells (1). We developed an assay to assess the binding of LPL to GPIHBP1 on the surface of endothelial cells using the NanoBiT split-luciferase system (36). In the NanoBiT system, two parts of the engineered luciferase enzyme NanoLuciferase, the largeBiT and the smallBiT, are used to tag proteins of interest. Luciferase activity is reconstituted when the tagged proteins interact. For our assay, we used LPL tagged with largeBiT (38) and generated GPIHBP1 tagged with smallBiT. We then asked whether the binding of LPL to GPIHBP1 on the surface of endothelial cells could be detected in real time by monitoring luminescence (Fig. 1A). We grew RHMVECs stably expressing smallBiT-GPIHBP1 in 96-well plates. Luciferase substrate was added to each well and luminescence was read every minute. After 6 min, different concentrations of largeBiT-LPL were added to cells, and we continued reading luminescence for 30 min. As a negative control, we added a largeBiT-tagged version of EL. EL belongs to the same lipase family as LPL, but does not bind GPIHBP1 (46). We observed a dose-dependent increase in luminescent signal upon LPL addition (Fig. 1B), indicating that luminescent signal accurately reflected binding of LPL to GPIHBP1. No luminescent signal was observed upon addition of largeBiT-EL despite similar protein levels (Fig. 1B, C). We also performed a similar experiment using a wider range of LPL concentrations. Our assay was able to differentiate LPL binding to GPIHBP1 across an 80-fold range of LPL concentrations (supplemental Fig. S1A). When we used this data to plot a binding curve (supplemental Fig. S1B), we calculated a K<sub>d</sub> value of approximately 10 nM, a value in line with previous reports (1, 5).

Detection of LPL binding to GPIHBP1 did not require the association of GPIHBP1 with the plasma membrane. We treated GPIHBP1-expressing cells with PIPLC to cleave the GPI anchor and release GPIHBP1 into the media. Addition of LPL to cells where GPIHBP1 had been released into the surrounding media produced just as much luminescence as when LPL was added to cells where GPIHBP1 had not been released from the plasma membrane (supplemental Fig. S2A). In contrast, if we used PIPLC to release GPIHBP1 from the plasma membrane and then washed away the released GPIHBP1 before adding LPL, luminescent signal was greatly reduced compared with control-treated cells (supplemental Fig. S2B), indicating that
PIPLC did indeed release GPIHB1 from the cells in these experiments.

A cysteine to tyrosine mutation in residue 445 (C445Y) of human LPL has been shown to result in chylomicronemia despite retaining catalytic activity (39). Additional studies showed that the C445Y mutation disrupts the binding of LPL to GPIHB1 (40). Recent structural studies confirm that this region of LPL is important for the binding of LPL to GPIHB1 (47). To validate our binding assay, we generated a mutant construct containing the C445Y mutation in largeBiT-LPL and tested the ability of the resultant protein to bind smallBiT-GPIHB1. As expected, the mutant protein was expressed and secreted at similar levels to wild-type largeBiT-LPL (Fig. 1D). However, binding of mutant LPL to GPIHB1 was greatly reduced (Fig. 1E). Interestingly, the NanoBiT assay was sensitive enough to detect some binding of mutant LPL to GPIHB1, but this binding was less than 10% of that observed with wild-type largeBiT-LPL (Fig. 1E).

We next expanded our assay to detect the dissociation of LPL from GPIHB1 (Fig. 2A). Heparin is known to release LPL from GPIHB1, likely by competing with the acidic domain of GPIHB1 for binding to the heparin binding domain of LPL (1, 48). Consistent with previous studies, when cells expressing smallBiT-GPIHB1 were incubated with largeBiT-LPL and then washed, LPL attached to cells could easily be detected by Western blot (Fig. 2B). Treatment of cells with heparin released almost all of the LPL to GPIHB1, but this binding was less than 10% of that observed with wild-type largeBiT-LPL (Fig. 1E).

Disruption of LPL-GPIHB1 binding by ANGPTL proteins

We have previously shown that inactivation of LPL by ANGPTL4 results in the dissociation of LPL from GPIHB1 (35). We asked whether a similar dissociation of LPL from GPIHB1 could be observed in our NanoBiT assay. We also tested the ability of ANGPTL3, ANGPTL8, and ANGPTL3-ANGPTL8 complexes to mediate the dissociation of LPL from GPIHB1. We have previously shown that neither ANGPTL3 nor ANGPTL8 alone bind well to LPL, but that ANGPTL3-ANGPTL8 complexes effectively bind and inhibit LPL (38). Again, largeBiT-LPL was bound to smallBiT-GPIHB1 on the surface of endothelial cells. After washing off unbound LPL, luminescent substrate was added. Then, after 15 min, ANGPTL3, ANGPTL4, ANGPTL8, and ANGPTL3-8 complexes were added to the cells. Treatment with either ANGPTL4 or ANGPTL3-8 complexes caused dissociation of LPL from GPIHB1 (Fig. 3A). Treatment with ANGPTL3 also caused dissociation, but to a lesser extent, whereas ANGPTL8 treatment did not result in any observable dissociation (Fig. 3A). These results correlated well with traditional Western blot-based cell binding assays (Fig. 3B).
However, our real-time assay provided additional kinetic information. Unlike heparin, where treatment quickly released LPL from GPIHBP1 (see Fig. 2B, C), incubation of LPL-GPIHBP1 complexes with ANGPTL proteins led to a slower sustained dissociation of LPL from GPIHBP1 (see Fig. 3A). It is also of note that when we ran parallel experiments analyzing the activity of LPL, rather than the binding of LPL to GPIHBP1, the inhibition of LPL activity by ANGPTL proteins tracked closely to the level of dissociation of LPL from GPIHBP1 (Fig. 3C).

We considered the possibility that the decrease in luminescence we observed in our NanoBiT assay was not a result of actual dissociation of LPL from GPIHBP1, but rather the result of some kind of direct effect of ANGPTL proteins on the reconstituted luciferase or the luminescence substrate. To investigate this possibility, we performed a washout experiment. As before, LPL was bound to cells and substrate was added. After the subsequent addition of ANGPTL proteins or heparin, we again observed a decrease in luminescence. After 30 min of incubation with ANGPTL proteins or heparin, we washed the cells to remove substrate, unbound ANGPTL proteins, heparin, and any dissociated LPL. We then added fresh substrate and continued to measure luminescence. We reasoned that if loss in luminescent signal was the result of interference by ANGPTL proteins on some aspect of the luciferase system rather than dissociation of LPL, luminescent signal would be restored after washout. On the other hand, if decreased luminescent signal was the result of actual dissociation, signal would remain low after the removal of dissociated LPL and the addition of fresh substrate. We observed that after washout and addition of new substrate, the level of luminescence remained lower relative to the untreated control, indicating that reduced luminescence was indeed indicative of LPL dissociation (Fig. 3D).

**Effect of THL on LPL-GPIHBP1 binding**

We next tested how the commonly used LPL inhibitors, THL, tyloxapol, and P-407, affect LPL-GPIHBP1 binding. THL (also known as Orlistat) is an active-site lipase inhibitor and has been used to inhibit LPL in the vasculature (2, 49, 50). As it has been reported that THL may alter the conformation of LPL or lead to LPL tetramerization (49), we tested whether THL disrupts the binding of LPL to GPIHBP1. Using our NanoBiT assay, we found that THL did not disrupt the binding of LPL to GPIHBP1 at any concentration, though the vehicle, DMSO, does partially reduce luminescent signal (Fig. 4A). Likewise, we saw no disruption of binding when we used a Western blot.
cell-binding assay (Fig. 4B). The lack of dissociation was not due to an inability of THL to inhibit GPIHBP1-bound LPL, as we found that THL was able to inhibit the activity of both largeBiT-LPL bound to smallBiT-GPIHBP1 and FLAG-tagged LPL bound to S-tagged GPIHBP1 on the surface of endothelial cells (Fig. 4C, D). Thus, we conclude that THL does not disrupt LPL-GPIHBP1 binding.

Effect of chylomicrons and fatty acids on LPL-GPIHBP1 binding

Triglyceride emulsions, and presumably triglyceride-rich lipoproteins, can strip off LPL bound to the vascular wall (51). We asked whether we could reproduce this finding with our assay. Indeed, we found that chylomicrons could dissociate some LPL from GPIHBP1 (Fig. 5A). Again, we considered the possibility that chylomicrons might interfere with the reconstituted luciferase or the luminescence substrate. Therefore, we performed a washout experiment to test this possibility and found that after washout and addition of new substrate, luminescence signal was not restored, indicating that LPL had indeed dissociated from GPIHBP1 (Fig. 5B).

The mechanism by which triglyceride-rich lipoproteins strip LPL from GPIHBP1 is not known. One possibility is that the fatty acids released by LPL-mediated lipolysis facilitate the dissociation of LPL from GPIHBP1. To test this possibility, we first asked whether oleate could dissociate LPL from GPIHBP1. We observed that oleate did, in fact, dissociate LPL from GPIHBP1 in a dose-dependent manner (Fig. 5C). To further explore this issue, we asked whether chylomicrons could dissociate LPL from GPIHBP1 in the presence of THL. We reasoned that if fatty acids released from chylomicrons are the true causative agent, preventing the production of fatty acids from chylomicrons by inhibition of LPL catalytic activity would prevent the dissociation of the LPL-GPIHBP1 complex. As before, we found that THL itself did not interfere with the binding of LPL to GPIHBP1 (Fig. 6A). However, when THL was added in combination with chylomicrons, the ability of chylomicrons to dissociate LPL from GPIHBP1 was greatly reduced (Fig. 6A). THL did not interfere with the binding of chylomicrons to LPL, as judged by fluorescence microscopy. When fluorescent chylomicrons were incubated with endothelial cells expressing GPIHBP1, we could easily detect chylomicrons bound to cells, but only in the presence of LPL (Fig. 6B, supplemental Fig. S3). The level of chylomicron binding was not reduced when THL was also added (Fig. 6B, supplemental Fig. S3), indicating that THL does not prevent chylomicrons from binding LPL. Together, these data suggest that fatty acid products

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**Fig. 3.** Disruption of LPL-GPIHBP1 binding by ANGPTL proteins. A: RHMVECs expressing smallBiT-GPIHBP1 were incubated with largeBiT-LPL for 2 h at 4°C and washed. Luminescent substrate was added to cells and luminescence read every 3 min for 15 min. After 15 min (dotted line), the indicated ANGPTL proteins were added and luminescence continued to be measured every 3 min for 45 min. Points represent mean ± 95% CI of luminescent signal over time normalized to the “LPL only” control at each time point. Data represent seven independent experiments with three biological replicates per group. B: Western blot of cell lysates from cells incubated with largeBiT-LPL for 3.5 h at 4°C, washed, and then treated with ANGPTL4, ANGPTL3, ANGPTL8, or heparin at 37°C. Bands show LPL (using an antibody against the FLAG tag), GPIHBP1, and actin for biological triplicates. C: LPL activity of LPL bound to smallBiT-GPIHBP1-expressing RHMVECs washed and treated with ANGPTL4 (A4), ANGPTL3 (A3), ANGPTL8 (A8), or ANGPTL3 and ANGPTL8 (A3/8) for 30 min at 37°C. After incubation, cells were washed, and LPL was released from the cells with heparin before performing LPL activity assays. Bars represent normalized LPL activity (mean ± 95% CI of three independent experiments; n = 3 per experiment). D: Luminescence of smallBiT-GPIHBP1-expressing RHMVECs incubated with largeBiT-LPL. After washing off unbound LPL, luminescence was measured for 15 min at 3 min intervals. The indicated ANGPTL proteins were added (first dotted line) and luminescence was measured for an additional 30 min. Cells were then washed, fresh substrate was added (second dotted line), and luminescence was measured for another 15 min. Points represent luminescent signal normalized to the LPL only control at each time point (mean ± 95% CI of four independent experiments; n = 3 per group per experiment).
are at least partially responsible for the ability of chylomicrons to dissociate LPL from GPIHBP1.

Effect of detergent inhibitors on LPL-GPIHBP1 binding

Tyloxapol and P-407 are detergents often used to block LPL-mediated triglyceride clearance in VLDL secretion and fat absorption assays (30–34). We asked whether these agents could disrupt LPL-GPIHBP1 binding. Initially, our NanoBiT assay indicated that both tyloxapol and P-407 disrupted LPL-GPIHBP1 binding in a dose-dependent manner (Fig. 7A, B). However, these results were inconsistent with Western blot cell-binding assays, which indicated no dissociation of LPL from GPIHBP1 in the presence of tyloxapol or P-407 (Fig. 7C, D). We reasoned that the presence of these detergents might interfere with luminescent signal rather than actually disrupting binding. Therefore, we performed a washout experiment. After treating LPL-GPIHBP1 complexes with detergent and observing a decrease in luminescent signal, we washed off the detergent and all unbound proteins. We then added fresh substrate to the cells. If LPL had actually dissociated from GPIHBP1, it would have been removed in the wash and, after the addition of fresh substrate, luminescent signal would remain lower than that in the control. Indeed that was the case with heparin-treated control cells (Fig. 7E, F; green line). However, in the tyloxapol- and P-407-treated cells, luminescence returned to levels indistinguishable from untreated cells (Fig. 7E, F), indicating that LPL remained bound to GPIHBP1. These data suggest that neither tyloxapol nor P-407 disrupted LPL-GPIHBP1 binding, but rather disrupted luminescent signal.

Tyloxapol and P-407 are used to block LPL-mediated triglyceride clearance in vivo. Under these circumstances, LPL is bound to GPIHBP1 on the surface of endothelial cells (1–3). Therefore, we next measured the ability of tyloxapol and P-407 to block LPL activity when LPL is bound to endothelial cells by GPIHBP1. We found that LPL activity was strongly suppressed in the presence of either tyloxapol or P-407 (Fig. 7G, I). However, once either detergent was washed away, LPL activity was largely restored (Fig. 7H, J). These data suggest that either the interactions of tyloxapol and P-407 with LPL are easily reversible or that they do not act by interacting with LPL per se, but by interacting with triglyceride-rich lipoproteins, preventing these substrates from interacting with LPL.

To further explore this issue, we asked whether tyloxapol could prevent chylomicrons from binding LPL and thus from dissociating LPL from GPIHBP1. Chylomicrons were mixed with tyloxapol and then added to LPL bound to GPIHBP1 on the surface of endothelial cells. Because of our finding that tyloxapol interferes with luminescent signal, we did not perform a kinetic experiment. Instead, we incubated the chylomicron-tyloxapol mixture with cells for the cells were washed, and LPL was released from the cells with heparin before performing LPL activity assays. Bars represent normalized LPL activity (mean ± 95% CI of three independent experiments; n = 6 per experiment).
30 min and then washed the cells. Substrate was then added and luminescence assessed. As before, we found that treatment with chylomicrons reduced the amount of LPL bound to GPIHBP1, while treatment with tyloxapol on its own did not (Fig. 8A). However, when chylomicrons were pretreated with tyloxapol, they were unable to promote the dissociation of LPL from GPIHBP1 (Fig. 8A). These data support the idea that tyloxapol prevents triglyceride-rich lipoproteins from binding LPL. We next asked whether tyloxapol could release chylomicrons from LPL using immunofluorescence microscopy. When fluorescent chylomicrons were incubated with endothelial cells expressing smallBiT-GPIHBP1, we could easily detect chylomicrons bound to cells, but only in the presence of LPL (Fig. 8B, supplemental Fig. S4). Treatment with tyloxapol strikingly decreased the number of fluorescent chylomicrons bound to cells (Fig. 8B, supplemental Fig. S4), indicating that tyloxapol releases chylomicrons from LPL.
Fig. 7. Effect of tyloxapol and P-407 on GPIHBP1-LPL binding and LPL activity. A, B: RHMVECs expressing smallBiT-GPIHBP1 were incubated with largeBiT-LPL for 2 h at 4°C and washed. Luminescent substrate was added to cells and luminescence read every 3 min for 15 min. After 15 min (dotted line), 150–600 μg/ml of tyloxapol (tylox) (A) or 2–8 mg/ml of P-407 (B) were added and luminescence continued to be measured for 45 min. Points represent mean ± 95% CI of luminescent signal over time normalized to the control at each time point. Data represent three independent experiments, each with three biological triplicates per group. C, D: Western blot of cell lysates from cells incubated with LargeBiT-LPL for 3.5 h at 4°C, washed, and then treated with 8 mg/ml tyloxapol (C) or 8 mg/ml P-407 (D) for 30 min at 37°C.

Real-time assessment of LPL-GPIHBP1 binding
To determine whether treatment of tyloxapol grossly altered the structure of chylomicrons, perhaps by solubilizing lipid within the chylomicron, we performed dynamic laser-light scattering analysis of chylomicrons before and after tyloxapol treatment. We found that after 30 min of treatment with tyloxapol, there was a small shift toward smaller particle size (Fig. 8C). However, this shift appeared to be primarily time dependent, as we observed a similar shift in untreated chylomicrons stored at 4°C for 30 min (Fig. 8C). We therefore concluded that tyloxapol had little effect on the gross structure of chylomicrons.

**DISCUSSION**

In this study, we described a new assay for assessing the binding of LPL to GPIHBP1 on the surface of endothelial cells. Using this assay, we found that ANGPTL4 and ANGPTL3-ANGPTL8 complexes, endogenous inhibitors of LPL, promote the dissociation of LPL from GPIHBP1; whereas commonly used exogenous agents, THL, tyloxapol, and P-407, block LPL activity but do not promote dissociation from GPIHBP1. We also describe evidence that fatty acids liberated from chylomicrons by LPL activity dissociate LPL from GPIHBP1 and that tyloxapol prevents the binding of chylomicrons to LPL.

Several methods for assessing the binding of LPL to GPIHBP1 have been described previously. These include immunofluorescence, Western blot, and ELISA based experiments that measure the LPL bound to GPIHBP1-expressing cells (1) as well as cell-free antibody-based pull-down assays using a soluble version of GPIHBP1 (42). Unquestionably, these methods have been critical in analyzing the interactions of LPL with GPIHBP1 and in assessing LPL and GPIHBP1 mutants. Nonetheless, the advantages of the assay described in this study are manifold: 1) Our assay can easily be performed in a 96-well plate, allowing higher throughput, and thus more replication, than Western blot- and immunofluorescence-based methods. 2) Our assay detects the direct interaction of LPL with GPIHBP1 rather than the interaction of LPL with GPIHBP1-expressing cells. 3) Our assay is quantitative and very sensitive. We were able to distinguish differential binding of LPL over nearly two orders of magnitude of LPL concentrations. 4) In most situations, our assay can be used to monitor binding and dissociation in real time.

Although we performed our assay using RHMVECs, there is no reason to believe it would not work in other cell lines. While different vascular beds and endothelial cell types definitely vary greatly in their expression of GPIHBP1 (1, 52, 53), when GPIHBP1 is present on the cell surface, we know of no evidence that GPIHBP1-LPL interactions differ according to cell type.

The current assay is not without limitations. Most notably, the assay requires the smallBiT and largeBiT tags, thus necessitating the use of recombinant protein. In addition, when testing the effects of detergents such as tyloxapol and P-407 on LPL binding, the detergents can interfere with the generation of luminescence. In these cases, as demonstrated in this study, the assay could still be used as an end-point assay after washing out detergent.

In this study, we found that ANGPTL4 caused dissociation of LPL from GPIHBP1. These data are consistent with our previous observations (35). In addition, we also found that ANGPTL3-ANGPTL8 complexes also promoted dissociation of LPL from GPIHBP1. For both ANGPTL4 and ANGPTL3-ANGPTL8 complexes, dissociation of LPL from GPIHBP1 proceeded at a slow, steady rate, contrasting with heparin, which mediated LPL dissociation very quickly (see Fig. 3). This steady rate of dissociation could reflect catalytic time-dependent inactivation of LPL by ANGPTL proteins and is consistent with the catalytic unfolding mechanism of ANGPTL4-mediated inhibition (54, 55). The mechanism by which ANGPTL3-ANGPTL8 complexes inhibit LPL has not yet been clearly elucidated, but it could be similar to that of ANGPTL4 (56). Alternatively, it is possible that inhibition or inactivation of LPL by ANGPTL proteins does not lead to immediate dissociation of LPL from GPIHBP1, but rather alters the binding affinity of LPL such that it gradually dissociates from GPIHBP1.

We found that inhibition of LPL by THL (Orlistat) does not cause LPL to dissociate from GPIHBP1. THL has been used previously to probe the noncatalytic functions of LPL, such as bridging of lipoproteins to receptors (57, 58). The use of THL in these studies assumes that THL blocks only LPL catalytic function and not the ability of LPL to bind receptors. The role of GPIHBP1 in facilitating the noncatalytic functions of LPL has not been studied in depth. However, given the critical role of GPIHBP1 in transporting and anchoring LPL, it is likely that the binding of LPL to GPIHBP1 helps to mediate the noncatalytic functions of LPL. By showing that THL does not disrupt LPL binding, our study supports the continued use of THL to distinguish between the catalytic and noncatalytic functions of LPL.

Although tyloxapol and P-407 are commonly used to block the lipolytic action of LPL, the mechanism by which they do this remains unclear. Suggested mechanisms include the coating of substrate (triglyceride-rich lipoproteins) thereby preventing the interaction of triglycerides with...
Real-time assessment of LPL-GPIHBP1 binding

LPL or direct inhibition of LPL (59–61). Although complete determination of the mechanism of action of these two nonionic detergents is beyond the scope of the current study, our data do provide some insight. We found that after treating LPL with tyloxapol or P-407, inhibition was easily reversible by washing the cells, suggesting that the interactions of the detergents with LPL, if any, are transient. We also found that in the presence of tyloxapol, chylomicrons could not dissociate LPL from GPIHBP1. Moreover, tyloxapol could be used to release chylomicrons bound to LPL, suggesting that in the presence of tyloxapol, chylomicrons cannot bind LPL. Thus, our data support a model in which detergents prevent the interaction of triglyceride-rich lipoproteins with LPL and likely do so by interacting with the lipoprotein rather than with LPL.

The ability of triglyceride emulsions to strip LPL from the vascular wall and, in particular, from GPIHBP1 has been documented previously (51). In our study, we confirm that chylomicron particles can indeed dissociate LPL from GPIHBP1. Furthermore, we found evidence that this dissociation is mediated by the fatty acid products of lipolysis. Free oleate was able to dissociate LPL from GPIHBP1, and treating LPL with THL to prevent lipolysis greatly reduced dissociation of LPL-GPIHBP1 complexes by chylomicrons. The mechanism by which fatty acids dissociate LPL from GPIHBP1 is not clear, and it remains to be determined whether the ability of chylomicrons to remove LPL from GPIHBP1 serves a physiological purpose.

In conclusion, the current study demonstrates the utility of a new real-time assay for assessing the binding of LPL to GPIHBP1. In the future, this assay could be used for variety of studies. For example, recently, it has been shown that autoantibodies against GPIHBP1 can block LPL binding and cause hypertriglyceridemia (62). Our assay could also be used to test for the presence of these blocking autoantibodies. Moreover, our assay could be used to assess how novel mutations in LPL or GPIHBP1 affect complex formation, or to investigate how additional proteins alter binding of LPL to GPIHBP1. As the study of LPL-mediated triglyceride metabolism continues, our assay provides another tool to interrogate this important pathway. Moreover, this assay could be adapted to probe the interaction of other extracellular proteins with their cognate membrane receptors.

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![Fig. 8](image)

**Fig. 8.** Effect of tyloxapol on binding of chylomicrons to LPL. A: Chylomicrons (20 µg/ml) were mixed with 2 or 8 mg/ml tyloxapol (tylox) and then incubated with largeBiT-LPL bound to smallBiT-GPIHBP1-expressing RHMVECs at 37°C. After 30 min, cells were washed, substrate was added, and luminescence was read. Bars represent luminescent signal (mean ± 95% CI of four independent experiments; n = 4 per group per experiment) normalized to the no chylomicron no tyloxapol control. B: Immunofluorescence showing binding of LPL and chylomicrons (chylos) to smallBiT-GPIHBP1-expressing RHMVECs. RHMVECs were incubated with largeBiT-LPL for 3.5 h at 4°C. After washing away unbound LPL, cells were incubated with or without with 20 µg/ml fluorescently labeled chylomicrons (green) for 30 min at 37°C, then with or without 8 mg/ml tyloxapol for 30 min at 37°C. Cells were then stained for LPL (red) using an antibody against the Flag tag and with DAPI (blue). C: Distribution of chylomicron diameters before (baseline) and after 30 min treatment with 8 mg/ml tyloxapol as measured by dynamic laser light scattering. Untreated chylomicrons stored at 4°C for 30 min after baseline reading were also analyzed (30 min untreated). Lines represent mean ± range (shaded area) particle distribution of three different reads.
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